

## Hyperglycaemia

- High blood sugar level develops slowly over a period of days.
- Those who suffer from Hyperglycaemia may wear warning bracelets, cards or medallions alerting a first aider to the condition.
- If not treated Hyperglycaemia will result in unconsciousness (diabetic coma) and so requires urgent treatment in hospital.
- If such a case occurs call 112 and inform the ambulance control that you suspect Hyperglycaemia.
- Monitor and record vital signs whilst waiting for help to arrive, i.e. response, breathing and pulse.

## Hypoglycaemia

- If the blood sugar level is very low help the casualty to sit down.
- Give a sugary drink or sweet food. If the casualty has their personal glucose gel, help him/her to take it.
- If the casualty responds well give him/her more food or drink and help to rest.
- Help him/her find the glucose testing kit so that the casualty can check the blood sugar level.
- Monitor until the casualty is completely recovered.
- If the condition does not improve call 112 for emergency help.
- Monitor and record vital signs whilst waiting for an ambulance to arrive.

